

Yoga Studio

Planning mai 2026

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
Sylvie: 079 825 76 91	Ana: 078 707 74 37			1	2 9h Hatha Yoga	3
4 18h15 Viniyoga	5 19h Hatha Yoga	6 17h Yoga Chaise 18h30 Hatha Yoga	7	8	9 9h Hatha Yoga	10
11 Retraite Soins, Yoga, Bains Lavey 18h15Viniyoga	12 Retraite Soins, Yoga, Bains Lavey	13 Retraite Soins, Yoga, Bains Lavey	14 Retraite Soins, Yoga, Bains Lavey	15 Retraite Soins, Yoga, Bains Lavey	16 Retraite Soins, Yoga, Bains Lavey	17
18 18h15 Viniyoga	19 19h Hatha Yoga	21 17h Yoga Chaise 18h30 Hatha Yoga	21	22 18h GROOVE	23 9h Hatha Yoga	24
25 18h15 Viniyoga	26 19h Hatha Yoga	27 17h Yoga Chaise 18h30 Hatha Yoga	28 20h Bols Tibétains	29	30 9h Hatha Yoga 10h Danse Femmes	31