

Yoga Studio

Planning mars 2026

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
Sylvie: 079 825 76 91	Ana: 078 707 74 37					1
2 18h15 Viniyoga	3 19h Hatha Yoga	4 17h Yoga Chaise 18h30 Hatha Yoga	5	6	7 9h Hatha Yoga	8
9 18h15 Viniyoga	10 19h Hatha Yoga	11 17h Yoga Chaise 18h30 Hatha Yoga	12	13 18h GROOVE	14 9h Hatha Yoga	15
16 18h15 Viniyoga	17 19h Hatha Yoga	18 17h Yoga Chaise 18h30 Hatha Yoga	19 20h Bols Tibétains	20	21 9h Hatha Yoga	22
23 18h15 Viniyoga	24 19h Hatha Yoga	25 17h Yoga Chaise 18h30 Hatha Yoga	26	27	28 9h Hatha Yoga 10h Danse Libre*	29