

Yoga Studio

Planning Novembre 2025

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
Sylvie: 079 825 76 91	Ana: 078 707 74 37				9h 1 Hatha Yoga 10h Danse Femmes	2
3 18h Viniyoga	4 17h30 Hatha Yoga	5 18h Hatha Yoga	6	7	8 9h Hatha Yoga	9
10 18h Viniyoga	11 17h30 Hatha Yoga	12 18h Hatha Yoga	13	14 18h GROOVE	15 9h Hatha Yoga	16
17 18h Viniyoga	18 17h30 Hatha Yoga	19 18h Hatha Yoga	20 20h Bols Tibétains	21	22 9h Hatha Yoga	23
24 18h Viniyoga	25 17h30 Hatha Yoga	26 18h Hatha Yoga	27	28	29 9h Hatha Yoga 10h Danse Femmes*	30 9h à 17h Marché de Noël Orbe Plein de Surprises!