

Yoga Studio

Planning avril 2026

| Lundi | Mardi | Mercredi | Jeudi | Vendredi | Samedi | Dimanche |
|-------------------------|-------|---|-----------------------------|---------------------|--------------------------|-----------------------|
| | | 17h 1 Chaise Yoga 18h30 Hatha Yoga | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 Vacances | 9 | 10 | 11 | 12 |
| 13 18h15 Viniyoga | 14 | 15 17h Chaise Yoga 18h30 Hatha Yoga | 16 | 17 | 18 | 19 |
| 20 18h15 Viniyoga | 21 | 22 17h Chaise Yoga 18h30 Hatha Yoga | 23 | 24 18H GROOVE | 25 | 26 |
| 27 18h15 Viniyoga | 28 | 29 17h Chaise yoga 18h30 Hatha Yoga | 30 20h Bols Tibétains | | Sylvie: 079 825 76 91 | Ana: 078 707 74 37 |